



COLLIER FRUIT GROWERS NEWSLETTER

JULY 2014

THIS MONTH—JULY 21st MEETING



Our speakers this month will be CFG members returning from the International Rare Fruit Conference in Miami.

They will share their photos and experiences of the conference.

There will also be a mango tasting with mangos from Williams Grove in the Redlands.

Tropical Fruit Class Plus Tree & Fruit Sale

July 19th From 9:00 to 12:30

University of Florida | Collier County Extension
14700 Immokalee Road
Naples, Florida 34120



Learn about growing Citrus, Mango, Grumichama, Jaboticoba, Avocado and more! Speakers will cover pests, cultural practices and tricks of the trade to successfully grow different types of fruit you may have never even heard about! Then smack your lips and taste samples of fruit you've never seen before! Fruit & Tree Sale follows.

FEATURING

Chris Rollins: Director of the Miami Fruit and Spice Park
David and Jenny Burd: Friendly Burd Tree Service
Billy & Barbara Hopkins: Billy Hopkins Tropical Fruit Nursery



VISIT US AT:
www.collierfruit.org

**Tasting table
at 7:00 pm.**

**Meeting at
7:30 pm**

**at Golden Gate
Community Center**

**RARE TROPICAL FRUIT CONFERENCE
JULY 9--13, 2014 AT THE FRUIT AND SPICE PARK:**
Highlights include a Florida Keys Fruit Safari (includes Grimal Grove), Kampong Tour (home of David Fairchild), Montgomery Botanical Center Tour, USDA National Germplasm Respository Station Tour and mango breeding exhibit, UF TREA Station Tour, Fairchild Garden Mango Festival, Fruit & Spice Park Tour, Hawaiian fruit lectures, mango tasting with Crafton Clift.
For information, please call: 305-247-5727.

**Register at Eventbrite
Cost is \$6.00**

XX

Next Meeting is July 21st
Topic will be International Rare Fruit Conference Report
and **Mango Tasting!**
Fresh mango selections from Williams Grove will be available for tasting and conference attendees will present summaries and photos of the event.



This is the time of year when our members are wondering what to do with all the mangoes their trees are producing.

Here is a recipe that I found in the March, 2014 issue of **Cooking Light** magazine. It combines sweet, spicy, sour and salty flavors together for the perfect summer side dish.

recipe:

SPICY GRILLED MANGO WITH CHILIES AND CREMA

Submitted by Roberta Taylor



- | | |
|---|---------------------------|
| 3 Tbsp fresh lime juice, divided | ¼ tsp kosher salt |
| 1 thinly sliced green jalapeno pepper | ¼ tsp ground black pepper |
| 1 thinly sliced red jalapeno pepper | ⅛ tsp ground red pepper |
| 2 ripe peeled mangoes, cut into ½" slices | 3 Tbsp Mexican crema |
| Cooking spray | ¼ cup cilantro leaves |

Combine two tablespoons lime juice and jalapenos in a small bowl. Coat mango slices with cooking spray; sprinkle with salt, black pepper, and ground red pepper. Heat a grill pan over high heat until smoking hot. Coat pan with cooking spray. Add mango to pan. Cook without moving, 4 minutes or until well marked. Turn and cook 2 minutes; place on a platter. Combine remaining 1 Tablespoon lime juice and crema in a small bowl, stirring with a whisk until smooth. Spoon jalapenos over mango. Drizzle with crema mixture; sprinkle with cilantro leaves. Makes 4 servings.



CLUB NOTES



To GMO or Not



With future solutions to food and water shortages, and plant diseases such as citrus greening likely to be offered by Big Ag in the form of genetically engineered plants, a basic understanding of GMOs (Genetically Modified Organisms) will prove helpful. In the last 30 years, scientists have learned to manipulate genes within plants (and animals) to control plant behavior and alter plant structure. For ages, plant breeders have selectively bred plants for desirable traits, but genetic manipulation or, more correctly, transgenic manipulation at the molecular level has been touted as the magic bullet for industrial agriculture.

While Big Ag claims there is no credible evidence that transgenic foods ever caused adverse human health effects, critics warn that the long term effects of genetically modified foods remain unknown. Many European, Asian and African governments now ban the production or import of transgenic products. In the U.S. most corn, soybean and canola is from GMO plants while even labeling it as such has been vehemently opposed by Big Ag.

Some of the "Super Food" transgenic plants are "Golden Rice", a rice plant infused with corn and bacteria DNA to increase vitamin A/beta carotene. The lack of this vital nutrient causes blindness in a half-million children a year and so weakens the immune system that some two million die each year of diseases they would otherwise survive. Other crops being transgenically modified include cassava that can resist the viruses that routinely wipe out a third of the harvest, bananas that have high iron and vitamin A content, corn that uses Nitrogen more efficiently and pest resistant black-eyed peas.

If you were offered a GMO citrus tree that was canker and greening protected, would you take it?

Much of the problem and fear of GMOs come from the Big Ag, industrial farming creators of these transgenic plants. Many have dubious records. Monsanto, makers of Agent Orange and Roundup herbicide, tells us they will feed the expected 9 billion people of the world if they can be regulation and liability free. Many of their products and plants have had serious ecological problems and in some cases disastrous results. Monsanto also makes rBST, a dairy cow hormone and Bt corn that makes each ear you eat also a registered pesticide. And that's the problem, critics warn that transgenic plants and animals may contain novel substances that could harm humans or intermingle with and destroy native species.

Collier Fruit Growers Inc.
c/o Jan-Marie Etzel
8768 Ibis Cove Circle
Naples, FL 34119

JULY 2014

FRUIT NEWS

**FUTURE MEETINGS: (NO MEETING OR NEWSLETTER IN AUGUST)
SEPTEMBER MEETING WILL BE 9/15/14**

The Collier Fruit Growers Inc. (CFG) is an active organization dedicated to inform, educate and advise its members as well as the public, as to the propagation of the many varieties of fruits that can be grown in Collier County. The CFG is also actively engaged in the distribution of the many commonly grown fruits, as well as the rare tropical and subtropical fruits grown throughout the world. CFG encourages its members to extend their cultivation by providing a basis for researching and producing new cultivars and hybrids, whenever possible. CFG functions without regard to race, color or national origin.

2014 CFG BOARD OF DIRECTORS

Please NOTE
David's new
phone number.

Thank you!

DIRECTORS:

President-David Etzel—269-7340
Rodger Taylor, Vice President
Melissa Parsons, Treasurer
Jan Etzel, Secretary

DIRECTORS AT LARGE

Thamarra Pamankada, Director
Kimberly Cavalier, Director
Lisa White, Director



REMEMBER TO RENEW YOUR MEMBERSHIP!