



COLLIER FRUIT GROWERS NEWSLETTER

OCTOBER 2014

THIS MONTH—OCTOBER 20th MEETING

Tasting table at 7:00 pm. Meeting at 7:30 pm
at the Golden Gate Community Center.



We will be viewing the film **The Fruit Hunters**. "**The Fruit Hunters** is a delectable journey through jungles, street markets and orchards in search of the world's most exotic fruits." Meet the people, many from south and southwest Florida, whose passion is to explore the world of rare and unusual tropical fruits. The movie is directed by Yung Chang and inspired by Adam Leith Gollner's book by the same name. Follow Richard Campbell to Southeast Asia to uncover a new mango. Chris Rollins, David and Jenny Burd, Steven Brady, Ken Love travel the world to find new and exotic fruits.

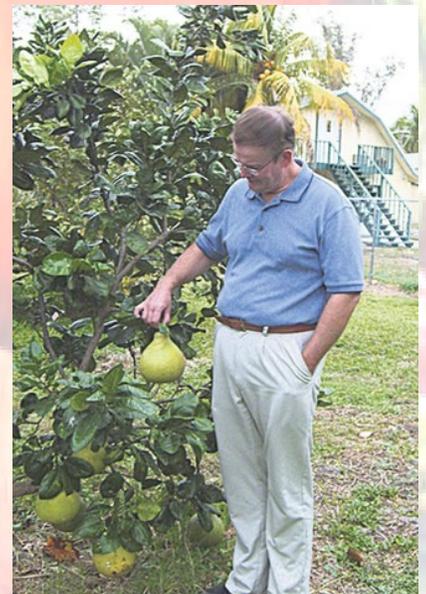
Local Fruit Tree Field Trip!

Dr. Steven Brady is a world "fruit hunter" being featured in the recent documentary inspired by the book ***The Fruit Hunters***. His grove includes over 300 coffee trees and 600 other fruit trees collected from his travels to Australia, Borneo, Indonesia, Hawaii, Brazil, Peru, Columbia and the Caribbean to gather specimens.

His collection contains many unique specimens and his water-front location allows for many tropical plants.

This October 25th yard tour offers members a unique opportunity to view unusual plants and hear from one of Naples most renown and knowledgeable rare fruit growers. We expect that he will share his tips if not secrets of fruit tree pruning, too.

Please register before the October 20th meeting for this trip. Dr. Brady's grove is located at 3100 Guilford Road, but we will meet at the Town Center Shopping Plaza on the East Trail at 1:00 pm.



Dr. Steven Brady who will offer a tour of his 900+ tree grove in East Naples October 25th from 1:00 pm to 3:00 pm.

Board of Directors Nominations Sought

Collier Fruit Growers is seeking nominations for its board of directors and officers for the new year. If you may be interested or know of someone who would be willing to serve on the board or as an officer, now is the time to contact a board member as the slate for 2015 needs to be prepared in November.



RECIPE OF THE MONTH



On a recent trip to Key West, we found Flamingo Crossing on Duval Street. Flamingo Crossing is a wonderful ice cream shop where they make homemade ice cream in a variety of tropical fruit flavors. After trying several flavors, including mamey, guava, passion fruit, papaya and soursop, I came home inspired to make my own variations of these frozen delights. Trying to lighten up on the fat and sugar content usually found in ice cream, I've included here a recipe for frozen yogurt. This recipe requires an ice cream maker but if you don't own one, I've also included a Key West recipe for ice cream, which does not require an ice cream maker. It is a bit unorthodox but delicious.

recipe: **FROZEN TREATS INSPIRED BY TROPICAL FRUITS**

Submitted by Roberta Taylor



FROZEN MAMEY YOGURT

2 cups of mamey sapote pulp (or other tropical fruits)
 1 tsp. vanilla
 12 oz. plain Greek yogurt
 4-6 Tbsp. Sugar
 Blend all ingredients in mixing bowl or food processor until smooth. Freeze in ice cream maker according to your machine's directions, usually 25-30 minutes. Transfer to a lidded plastic container and freeze.

KEY WEST ICE CREAM

1 cup finely chopped fruit pulp
 1 12oz. can evaporated milk
 1 14oz can sweetened condensed milk
 Squeeze of lime (optional)
 Place all ingredients in a large bowl and mix together with a wooden spoon. If the fruit is very sweet, add lime juice. Put mixture in an 11 x 7" baking dish. Place in freezer. Stir mixture every hour until frozen through. Transfer to a covered container. Store in freezer.

(From *The Florida Keys Cookbook* by Victoria Shearer)



CLUB NOTES



HLB UPDATE – Compost and Thermaltherapy

The October 2014 issue of *National Geographic* suggests that GMO citrus trees may be the most likely near term solution for greening. "Seedlings genetically altered to make defensive antibiotics may help protect a nine-billion dollar industry." The last two years of Florida citrus crops have been the smallest since the freezes of 1989-1990. Would you like a glass of antibiotics with your cereal?

UF/IFAS is spending \$10 million on a cure for the industry which is on its knees. According to UF researchers, citrus greening first enters the tree when the Asian citrus psyllid sucks on leaf sap leaving behind bacteria that spread throughout the tree.

The bacteria travel quickly to the roots where they replicate, damage the root system and then later spread to the rest of the tree's canopy which is when it is usually first discovered. Research shows losses between 30 to 40 percent of fibrous roots before symptoms are visible above ground. Industrial agriculture is finally looking to the soil as something more than support structure for the tree.

Other research has indicated that the bacteria can be killed by heat. A central Florida citrus grower has been developing a system to do just that. According to *Florida Grower Magazine*, a grower has a working prototype of a moveable, plastic, ventilated enclosure that will meet the prescribed requirements. The farmer "began actively treating his grove in June. The goal is to capture solar energy in the tents and maintain temperatures at 105 degrees F to 130 degrees F, which research shows will kill the HLB bacteria. Right now, our rule of thumb is we keep the structure over the trees for three days, seeking 10 hours per day of temperatures more than 105 degrees F" says *Florida Grower*. The structure also uses an automatic venting system and circulating fans.



New Nursery Shade House Takes Shape

Thanks to architect and CFG VP Rodger Taylor, the new nursery shade house structure is up and looking very professional. Members Jack Rich and Dave Etzel were joined by Cornerstone UMC members and a Kiwanis youth group from Gulf Coast High School to raise the structure. Weekly work sessions are planned for Saturdays from 9:00 am to 11:00 am on site at 8200 Immokalee Road. There is also an active community garden and grove on site.



Grafting Workshop to Continue with the Burds

After a very successful first class grafting avocados by side veneer grafts, David and Jenny Burd have offered to continue the class with a part II to include the cleft graft on mangos. Participants in the first class are invited to continue this very personal instruction in the art of grafting fruit trees with this area's most famous "Friendly Burds."

For those that were convinced David Burd has at least 3 hands to tie off the grafting band, it has been suggested that you take the extra bands and practice tying off on pencils or twigs. You'll get it!

Collier County Extension
South West Florida
Yard and Garden Show



The Annual SW Florida
Yard and Garden Show
will be

Saturday, October 25th 9:00 a.m. - 4:00 p.m.
Sunday, October 26th 10:00 a.m. - 3:00 p.m.

At the Collier County University Extension Office
14700 Immokalee Road, Naples, FL
(10 miles East of I-75)

Admission: \$3.00 Children under 12 - FREE!

Demonstrations, educational speakers and garden tours throughout the weekend.

Collier Fruit Growers Inc.
c/o Jan-Marie Etzel
8768 Ibis Cove Circle
Naples, FL 34119

OCTOBER 2014

FRUIT NEWS

**OUR 2014 FUTURE MEETINGS ARE ON
Monday, November 17, 2014 and THURSDAY, December 18, 2014.**

The Collier Fruit Growers Inc. (CFG) is an active organization dedicated to inform, educate and advise its members as well as the public, as to the propagation of the many varieties of fruits that can be grown in Collier County. The CFG is also actively engaged in the distribution of the many commonly grown fruits, as well as the rare tropical and subtropical fruits grown throughout the world. CFG encourages its members to extend their cultivation by providing a basis for researching and producing new cultivars and hybrids, whenever possible. CFG functions without regard to race, color or national origin.

REMEMBER TO RENEW YOUR MEMBERSHIP!

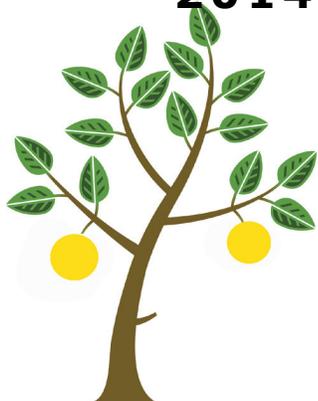
2014 CFG BOARD OF DIRECTORS

DIRECTORS:

President-David Etzel—269-7340
Rodger Taylor, Vice President
Melissa Parsons, Treasurer
Jan Etzel, Secretary

DIRECTORS AT LARGE

Thamarra Pamankada, Director
Beth Wenner, Director
Lisa White, Director



**VISIT US AT:
www.collierfruit.org**

